

Curriculum Area

Physical Education

Who this area of the curriculum is led by and how it is delivered.

PE is led by Ceri Walker at Stanley school and we aim to support the development of the pupils' physical skills. As part of the PE programme pupils are given a comprehensive range of sporting and physical experiences. Through taking part in sporting activities, the school also aims to encourage and support the development of pupils' personal, social and emotional skills (especially self-control, self-confidence and self-esteem). Pupils will also learn about how we use our bodies to exercise and why lifelong participation in sport is so important for a healthy lifestyle.

How this area of the Curriculum is designed

The pupils at Stanley school participate in a range of sports during their time at school. Pupils learn basic agility, balance and coordination skills through:

- Gymnastics
- Net / Wall Games
- Ball Games
- Dance
- Athletics
- Swimming
- Cycling (we have a weekly session at Birkenhead park which is timetabled. They have a range of adapted bicycles that suit the needs of all pupils) As well the pupils have the opportunity to take part in all the above activities our pupils love working towards and participating in all of the competitive events that we attend. We are part of the SLD school sports network, which means that competitions and festivals are organized for pupils by age range and ability, so pupils are able to attend events, which are suitable and adapted to cater to the needs of each and every child.

How we ensure breadth, balance and depth

As a PE department we use a variety of different coaches to deliver the 3 strands; Gymnastics, Dance and Sports. Our coaches are fully qualified and our children really benefit from all their support and they help support the children to reach their full potential

The Key skills and knowledge which will be gained through this area of the curriculum.

Each coach delivers different PE activities to the pupils and from each coach they gain new skills and knowledge. The coaches we have in Stanley school: Our coaches:

Derek: Pupils will learn modified competitive net, striking/fielding and invasion games. Use skills and tactics and apply basic principles suitable for attacking and defending. Work with others to organise and keep the games going and consolidate their existing skills and gain new ones.

Everton in the Community: This is a new partnership which has been created this year. We will be provided with coaching sessions in a range of sports including Boccia and New Age Kurling. All children will benefit from these sessions which again will be tailored to meet the individual needs of our children. Through this partnership we will be able to continue and expand our competitiveness against other schools which we have developed over the years.

Edsentials: One day a week specialist P.E. teacher to provide dance and gymnastics to Key Stage One and Key Stage Two classes through a rolling programme over the three terms whilst training teaching staff the appropriate skills to develop PE lessons

Premier sports: Premier wellbeing supports the school to implement a 'whole school approach' to health and wellbeing, through fun, engaging and practical food education lessons.

Fencing; Little Musketeers: The coaches give young children a fun and safe introduction to the exciting sport of fencing. Little Musketeers offers the right balance of fencing related activities and games to help improve the children's confidence whilst also having heaps of fun along the way.

Rebound Therapy: We are able to provide rebound therapy for some of our children with sensory needs. We are looking into training some staff in this very specialised area which will provide a wider range of opportunities for our children. We will keep you updated on this exciting new venture. If you have any questions about the PE provisions for your child please don't hesitate to contact us.

Where this area of the curriculum fits in within our schools aims and culture

We are part of the Sainsbury's school games and we are aiming to achieve the school games kitemark.

At Stanley School we give the opportunity for pupils to participate in a range of different sports and activities within a number of different settings.

- Curriculum PE
- Swimming / Hydrotherapy
- Intra-school competition
- Inter-school competition Our pupils love working towards and participating in all of the competitive events that we attend. We are part of the SLD school sports network, which means that competitions and festivals are organised for pupils by age range and ability, so pupils are able to attend events, which are suitable and adapted to cater to the needs of each and every child.