

Curriculum Area

PSHE - Personal, Social and Health Education.

Who this area of the curriculum is led by and how it is delivered.

The PSHE curriculum is led by Laura Griffiths. PSHE including Citizenship is taught throughout the school utilising a variety of resources, visitors such as the dentist, and role play to enable pupils to experience their learning. This is one of the most effective ways to teach these valuable skills. Staff encourage and teach elements of PSHE throughout the school day, for example, interacting with peers on the playground, healthy eating and self-help when eating at lunch time and road safety when out in the community.

We include SMSC (Spiritual, Moral, Social and Cultural development) and British Values (Individual Liberty, Democracy, The Rule of Law, Tolerance of Others, Mutual Respect) as part of our PSHE curriculum. The promotion of SMSC and British Values appears as a cross curricular approach with teachers including these values in every lesson that they plan.

How this area of the Curriculum is designed

PSHE follows the school's rolling programme of topics to ensure that the core themes are taught across the school; health and wellbeing, relationships, living in the wider world. Some of the topics that are taught include; Genes for Jeans, firework safety, bullying, feelings and emotions and sun awareness.

Our PSHE programme promotes children's personal, social and economic development, as well as their health and wellbeing. It helps to give children the knowledge, skills and understanding they need to lead as confident, healthy, independent lives as possible, working towards becoming informed, active, responsible citizens.

How we ensure breath, balance and depth

The teaching of PSHE is different in each class depending on the pupils, ensuring that all learning is relevant to them. Teaching can be carried out through whole class sessions as well as small group and 1:1 activities.

PSHE is often taught through practical and engaging activities as this is how we teach the valuable skills that pupils are to gain through PSHE. We also engage with PSHE as a whole school, for example Jeans for Genes day and whole school assemblies around firework safety and sun awareness.

Learning outside the classroom runs through the whole curriculum at Stanley School. In PSHE pupils may use the cookery room when learning about healthy eating, alternatively they may be visited by the dentist when learning about dental hygiene.

The Key skills and knowledge which will be gained through this area of the curriculum.

PSHE is considered a valuable subject at Stanley School as it teaches our pupils key skills to use in their lives both in and out of school.

Safety is an important aspect within the teaching of PSHE. The topics of sun awareness, drug awareness, road and rail safety and firework safety teach our pupils how to be safe in everyday situations that they will encounter. This hopes to enable them to achieve safe independence in the community.

Social communication is also a skill that features within PSHE. We strive to encourage and guide our children in their communications with adults and peers to help them to build positive relationships. This is taught through the topics; rules, British values and feelings and emotions.

At Stanley school we encourage our pupils to engage with a healthy lifestyle, with the option of fruit and milk for morning snack and a selection of healthy meal options at lunch times. We also teach healthy eating to allow pupils to explore foods in a variety of ways.

As stated in the PSHE policy, the aims of teaching PSHE in Stanley School are:

To prepare pupils for the opportunities, responsibilities and experiences of later life.

To develop a positive self-concept through good self-esteem and self-knowledge.

To develop good personal skills making them as independent as possible.

To be aware of factors that contribute to a healthy lifestyle.

To develop good social skills.

Where this area of the curriculum fits in within our schools aims and culture

At Stanley school we strive to educate our pupils on the world around them to encourage them to develop independence and prepare them for a variety experiences in their futures. This links closely with our school mission statement aim, 'to allow them to take their place as respected members of their community and fulfil their potential'.